The Age of Insight
The Quest to Understand the Unconscious in Art, Mind, and Brain from Vienna 1900 to the Present

By Eric Kandel

This book takes the reader on a journey through the groundbreaking scientific discoveries of the early 20th century. It explores the work of key figures such as Sigmund Freud, Carl Jung, and Max Planck, and how their ideas and theories have shaped our understanding of the human mind and brain.

The book begins with an introduction to the philosophical and scientific context of Vienna 1900, a time of great intellectual ferment that saw the birth of psychoanalysis, the development of quantum mechanics, and the rise of modern art. The author then tells the story of how these ideas and theories were developed and how they have influenced our understanding of human behavior and the mind.

The book is written in a clear and engaging style, making it accessible to readers with no prior knowledge of psychology or neuroscience. It is an excellent resource for anyone interested in the history of science, the philosophy of mind, or the psychology of creativity and art.

The Age of Insight is a fascinating read that will inspire readers to consider the ways in which the mind and brain are interconnected and how our understanding of the unconscious is constantly evolving. It is a must-read for anyone interested in the history of science or the philosophy of mind.